



CHENNAI CHAPTER

# 41<sup>st</sup> Annual Conference - 2025

ASSOCIATION OF PHYSICIANS OF INDIA

CHENNAI CHAPTER

Saturday 20th & Sunday 21st December 2025

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Hotel Savera,

Dr. Radhakrishnan Salai, Chennai

## Scientific Program Day 1 (20th December 2025, Saturday)

Each talk is for 18 minutes followed by discussion for 2 minutes.  
 Oration for 30 minutes which includes presentation of award & citation

8.00 am –8.55 am : Registration & Breakfast

Time	Topic	Speaker	Chairpersons
8.55 -9:00 am	Welcome Address	Dr. Vijay Viswanathan	
9.00 - 10.00 am	Examination of CVS & RS Exam Oriented Discussions & Demonstrations	Dr. V. R. Mohan Rao Dr. I.R ohini Dr. K.Raja	
10.00 - 10.20 am	Challenging Clinical Cases for PGS	Dr. S. S. Lakshmanan	Dr. K. Shanmugam Dr. N. Gopalakrishnan
10.20 – 10.40 am	Shock Management Protocols & Challenges	Dr. Sudha Vidhyasagar	Dr. R. Kannan Dr. Vijay Chakravarthy
<b>10.40 – 10.50 am</b>	<b>Tea Break</b>		
	<i>Prof. S K Rajan Oration-</i>		
10.50–11.20 am	Exercise & Health – The Good, The Bad &The Unknown	Dr. J.S. Kumar	Dr. S. Chandrasekar Dr. RBS. Manian
11.20– 11.40 am	Post Viral Arthritis	Dr. M. Hema	Dr. Jacinth Preethi Dr. Prasanna Karthik
	<i>Prof. Rathnavelu Subramaniam Oration</i>		
11.40 am-12.10 pm	Melioidosis – An Update	Dr. Preetam Arthur	Dr. S.N. Narasingan Dr. Vijay Viswanathan

### 12.10-1.00 pm : INAUGURATION & PHYSICIANS DAY AWARD CEREMONY

*Inauguration & Physicians Day Award Ceremony*

#### INVOCATION

Welcome Address & Secretary's Report	: Dr. Vijay Viswanathan Hony.Gen.Secretary
Lighting The Lamp	: All Dignitaries from the Dais
Chairman's Address	: Dr. S. N. Narasingan
Physicians Day Awardees	: Dr. A. Ramachandran
	Citation to be read by : Dr. S. Chandrasekar Dr. R. Balajinathan
	Citation to be read by : Dr. E. Prabhu Dr. P. Paranthaman
	Citation to be read by : Dr. Namitha Narayanan
Introduction of Chief Guest	: Dr. K. Shanmugam
Address By Chief Guest	:
Guest of Honour	: Dr. Aravind, Dean, Stanley Medical College & Hospital
Vote of Thanks	: Dr. S. Chandrasekar Treasurer & Joint Secretary



Time	Topic	Speaker	Chairpersons
<b>1.00 - 2.00 pm</b>	<b>Lunch Break</b>		
2.00 - 2.20 pm	Problem of Sleep – What Physicians Should Know	Dr. N. Ramakrishnan	Dr. S Senthil Kumar Dr. A R. Kathiravan
2.20 – 2.40 pm	Rat Killer Poisoning Looking Beyond Liver	Dr. S.Chandrasekar	Dr. N. Gunasekaran Dr. D. Ramesh
	<i>Prof. Sam GP Moses Oration:</i>		
2.40 -3.10 pm	India's Metabolic Profile and Health Habits- Lessons for the Nation	Dr. R M. Anjana	Dr. N.Ravichandran Dr. A.Gowrishankar
3.10 -3.30 pm	DEXA Scan Physicians Perspective	Dr. Jayashree Gopal	Dr. Sripriya Haridass Dr. A P. Nandakumar
3.30-3.50 pm	Obesity – What Works, What Worries!	Dr. Prashanth Arun	Dr. K.Shanmugam Dr. D.Aishwarya
3.50 – 4.10 pm	Empowering Physicians with Nuclear Medicine in Niche Clinical Settings	Dr. E. Prabhu	Dr. K. Rajsantan Dr. T. Balaji
4.10 – 4.30 pm	ECMO – Changing Lines – When & How?	Dr. M.Swamikannu	Dr. J. Hari Prasath Dr. G. Kothai
4.30 – 4. 50 pm	Insights On Extra Pulmonary TB	Dr. V. Ravichandran	Dr. Namitha Narayanan Dr. S V S. Sangeetha
4.50 – 5.10 pm	IBD Insights for Physicians	Dr. T. S. Chandrasekar	Dr. Shaik Sulaiman Meeran Dr. S.Yogesh
5.10 – 5.30 pm	Medical Negligence : Common Pitfalls	Dr. Balaji Venkatachalam	Dr. DBD. Sathia Kumar Dr. A R. Balamurugan
<b>5.30 - 5.40 pm</b>	<b>Tea Break</b>		
5.40 – 6.00 pm	Pressing Matters : Mastering Vasopressors and Inotropes in Shock	Dr. T. Saravanan	Dr. M .Rangaswamy Dr. K .Mohan
6.00 – 6.20 pm	Best Practices in Alcoholic Liver Disease	Dr. P. Basumani	Dr. R. Thilagavathi Dr. L. Ilavarasi
6.20 – 6.40 pm	Bicarbonate Therapy in Clinical Practice	Dr. TB. Umadevi	Dr. V. Rajendran Dr. M.Sharmila
6.40 – 7.00 pm	The Art of Deprescription Case Based Approach	Dr. Namitha Narayanan	Dr. R.Vijayanand Dr. S. Vaishnavi
7.00 – 7.20 pm	Not all beta blockers are the same in the management of the hypertension with diabetes - Special emphasis on nebivolol	Dr. P. Manokar	Dr. G. Elangovan Dr. K. Dhananjayan
7.20 – 7.40 pm	Approach to ILD	Dr. A. Mahilmaran	Dr. K. Dhananjayan Dr. A.R. Balamurugan
7.40 - 8.00 pm	Echocardiography for Physicians	Dr. S.Shanmugasundaram	Dr. S.N.Narasingan Dr. E.Prabhu
<b>8:00 pm - DINNER</b>			

## Day 2 - Scientific Program (21st December 2025, Sunday)

8.00 - 8.30 am : Breakfast

Time	Topic	Speaker	Chairpersons
8.30 – 8.50 am	Offloading in people with DFU – Surgiboot- Boon	Dr. Viswanathan Vishnu Vijay	Dr. A. Marimuthu Dr. S .Malathi
8.50 - 9.10 am	Emerging Trends in Neurological Infections	Dr. K .Vengadakrishnan	Dr. T. Saravanan Dr. Appandraj
9.10 – 9.30 am	Cognitive Testing – Mind The Gap	Ms.Vaishnavi Vijay	Dr. B. Priyadharsini Dr. K. Raja
<i>Prof. M.S. Ramachandran Oration-</i>			
9.30 - 10.00 am	MASLD – An Update	Dr. A. Aravind	Dr. P. Paranthaman Dr .T.K.V. Sharavanan
10.00 – 10.20 am	Drugs In Pregnancy – Cautions & Contraindications	Dr. S. Suresh Kanna	Dr. Swathy Moorthy Dr. S. Sridhar
<b>10.20 – 10.30 am Tea Break</b>			
10.30 – 10.50am	DKA – Learning from Mistakes	Dr .P. Paranthaman	Dr. V. Padma Dr. DK . Sivakumar
10.50 - 11.10 am	Approach to patients with kidney disease, diagnostic workup and management	Dr. Gayathri Veeramani	Dr. G. B. Vidhya Shankari Dr. S. Ranjith Prathap
11.10 - 11.30am	HIV an updates	Dr. R. Surendran	Dr. Jisa George Dr. Praveen Kumar
<i>Prof. S N Narasingan Oration</i>			
11.30 - 12.00pm	Beyond Statins - Newer lipid Lowering Drugs	Dr. J. Ezhilan	Dr. S.S. Lakshmanan Dr. A.P. Nandha Kumar
12.00– 12.20 pm	Osteoporosis - Silent Killer	Dr. S .S. Lakshmanan	Dr. V. Ravichandran Dr. Kalpana Ramanathan
12.20 –12.40pm	Cardiomyopathy Physician's Perspective	Dr .V. Mahadevan	Dr. S. Geetha Dr. M. Rangaswamy
12.40–1.00 pm	Making Sense of target BP : A practical approach for physicians	Dr. S. N. Narasingan	Dr. K. Shanmugam Dr. K. Dhananjayan
<b>1.00–2.00 pm LUNCH BREAK</b>			

Time	Topic	Speaker	Chairpersons
2.00 – 2:20 pm	<b>Renal Transplant – What Physicians Should Know?</b>	<b>Dr. Edwin Fernando</b>	<b>Dr .V. Chiranjeevi Dr. K. Vengadakrishnan</b>
2:20 – 3:20 pm	<b>Workshop : Emergency Medicine</b>	<b>Dr. Senthil Kumaran</b>	
3:20 –4:20 pm	<b>Workshop On ECG</b>	<b>Dr. Joy M.Thomas</b>	
4:20 –4.30 pm	<b>Presentation of Awards to PG Students &amp; Valedictory Function</b>		
<b>4:30 –4.40pm</b>	<b>Tea</b>		
4.40 - 5.00 pm	<b>General Body Meeting</b>		
	<b>Members of National API &amp; Chennai Chapter are requested to attend</b>		
	<b>Non – Members of National API &amp; Chennai Chapter are not permitted</b>		

## FACULTY

**Dr. Sudha Vidhyasagar** - Sr. Physician, VHS

**Dr. Jacinth Preethi** - Associate Prof. of. Medicine, Stanley Medical College

**Dr. S S Lakshmanan** - Managing Director, Priya Nursing Home

**Dr. K Shanmugam** - Physician, Sted Ford Hospital

**Dr. N. Gopalakrishnan** – Retd. Prof. of Medicine, KMC

**Dr. P. Paranthaman** - Former Prof & HOD, Dept. of. Medicine, Kilpauk Medical College

**Dr. Vijay Chakravarthy** - Senior Critical Care Consultant, Kumaran hospital, Chennai

**Dr. Prashanth Arun** – Consultant Physician & Diabetologist MV Hospital for Diabetes & Diabetes Research Centre

**Dr. I Rohini** - Prof. of. Medicine, Stanley Medical College

**Dr. K. Raja** - Asst Prof. of. Medicine, Stanley Medical College

**Dr. Vijay Viswanathan** - Managing Director, MV Hospital for Diabetes & Diabetes Research Centre

**Dr. G.B.Vidhya Shankari** - Additional Chief Health Director, Railway Hospital, Chennai.

**Dr. G Kothai** - Prof. of. Medicine, ESI Medical College

**Dr. M Hema** - Prof. of Rheumatology, Stanley Medical College

**Dr. Preetam Arthur** – Prof of Medicine, Sri Ramachandra Medical College & Research Institute Porur, Chennai

**Dr. S N Narasingan** - Chairman API Chennai Chapter

**Dr. J.S. Kumar** - Prof. of Medicine, SRM

**Dr. Ranjith Prathap** - Diabetologist at Vijaya Diabetic Center, Chennai

**Dr. RBS Manian** - Sr Asst. Prof. of Medicine, Kilpauk Medical College

**Dr. R Kannan** – Prof of Medicine Saveetha Medical College

**Dr. A. Ramachandran** - Managing Director, Dr A. Ramachandran’s Diabetes Hospital, Chennai.

**Dr. R. Balajinathan** - Prof. of Therapeutics, Madurai Medical College, Madurai

**Dr. E. Prabhu** - HOD Nuclear Medicine, TN Govt. Multi Super Speciality Hospital, Omandurar, Chennai

## FACULTY

**Dr. Namitha Narayanan** - Prof. of. Medicine, Madras Medical College

**Dr. S. Senthil Kumaran** - Medical Director, Manian Medical Centre

**Dr. Sripriya Haridass** - Prof. of. Medicine, Stanley Medical College

**Dr. V. Padma** - Prof. of Medicine, Sree Balaji Medical College

**Dr. D. Aishwarya** - Prof & HOD of Medicine, Tagore Medical College

**Dr. S Senthil Kumar** - Associate Prof. of Medicine, Stanley Medical College

**Dr. N. Ravichandran** - Associate Prof. of Medicine, Stanley Medical College

**Dr. A Gowrishankar** - Consultant Physician, Chennai

**Dr. A R Kathiravan** - Asst. Prof. of Medicine, Stanley Medical College

**Dr. K Rajsantan** - Consultant Physician, Leela Multi Speciality Hospital, Chennai

**Dr. Hari Prasath** - Senior Consultant Apollo Hospital Chennai

**Dr. B .Priyadarsini** - Prof. of. Medicine, Omandurar Medical College

**Dr. S V S Sangeetha** - Sr Asst. Prof. of Medicine, Kilpauk Medical College

**Dr. Shaik Sulaiman Meeran** - Retd Prof & HOD Dept of Medicine, Royapettah Hospital

**Dr. S. Sridhar** – Associate Prof. of. Medicine, Omandurar Medical College

**Dr. DBD. Sathia Kumar** - Consultant Physician & Managing Director, Sugam Hospital

**Dr. A R Balamurugan** - Sr Asst. Prof. of Medicine, Stanley Medical College

**Dr. Prasanna Karthik** - Prof. of Medicine

**Dr. T Balaji** - Asst. Prof. of Medicine, Kilpauk Medical College

**Dr. T S Chandrasekar** - Chairman & Chief Gastroenterologist, MedIndia Hospitals, Chennai

**Dr. S Chandrasekar** - HOD & Prof. of. Medicine, Stanley Medical College

**Dr. Balaji Venkatachalam** - Critical Care Consultant, Vijaya Hospital

**Dr. V. Ravichandran** – Consultant Physician Sri Sanjeevi Hospital, Kallakurichi

**Dr. K. Swamikannu** - Director, HOD - Internal Medicine, MGM Healthcare, Chennai

**Dr. D K Sivakumar** - Prof. of. Medicine, Madras Medical College

**Dr. N. Ramakrishnan** – Director Critical Care Services Apollo Hospital

**Dr. Jayashree Gopal** - Director, DiabEndoIndia & Senior Consultant Endocrinologist, Apollo Hospitals

**Dr. P. Basumani** - Sr. Consultant Gastroenterologist, Apollo Hospitals

**Dr. T.B. Umadevi** - Prof. of. Medicine, Madras Medical College

**Dr. R. Surendran** - Consultant Infectious Diseases SIMS Hospital

**Dr. S. Shanmugasundaram** - Senior Interventional Cardiologist, Chennai

**Dr. V. Rajendran** - Prof. of. Medicine, Stanley Medical College

**Dr. Vijayanand** - Asst Prof of Medicine . Stanley Medical College

**Dr. S. Vaishnavi** - Prof of Medicine, SRMC & RI, Porur, Chennai

## FACULTY

**Dr. M. Sharmila** - Prof of Medicine Omandurar Medical College, Chennai

**Dr. S. Magesh Kumar** - Former Prof.of Medicine, Saveetha Medical College

**Dr. D. Ramesh** - Prof. of. Medicine, Stanley Medical College

**Dr. M. Rangaswamy** - Prof. of. Medicine, Stanley Medical College

**Dr. R. Thilagavathi** - Prof. of Medicine, Sri Lalithambikai Medical college

**Dr. L. Ilavarasi** - Gastroenterologist, Sanjana Hospital

**Dr. K. Mohan** – Consultant Physician, MK Nursing Home

**Dr. T. Saravanan** - Prof of Medicine, PSG Medical Collage, Coimbatore

**Dr. R M. Anjana** - Managing Director, Dr. Mohan's Diabetes Specialties Centre

**Dr. Viswanathan Vishnu Vijay** - CEO MV Hospital for Diabetes & Diabetes Research Centre

**Dr. Gayathri Veeramani** - Ex Clinical Asst Prof of Medicine Weill Cornell Medical College.

**Dr. T K V. Sharavanan** - Prof & HOD of Medicine, Tagore Medical College, Chennai

**Dr. J. Ezhilan** - Senior Consultant Cardiologist, Madras Medical Mission, Chennai

**Dr. V.R. Mohanrao** - Prof of Medicine, Chettinad Medical College, Kelambakkam, Chennai

**Dr. Praveen Kumar** – Consultant Physician & Diabetologist Apollo Spectra Hospital

**Dr. V. Chiranjeevi** - Consultant Nephrologist, M.R. Hospital

**Dr. K. Dhananjayan** - Associate Prof. of Medicine, Stanley Medical College

**Dr. Kalpana Ramanathan** - Prof. of Medicine, Stanley Medical College

**Dr. S. Geetha** - Prof. of Medicine, Kilpauk Medical College

**Dr. S. Malathi** - Associate Prof of Medicine. Govt. Royapettah Medical College & Kilpauk Medical College

**Ms. Vaishnavi Vijay** - MV Hospital for Diabetes & Diabetes Research Centre

**Dr. A. Aravind** - Dean, Stanley Medical College & Hospital

**Dr. Dr. G.Elangovan** - Retd. Prof. of Medicine

**Dr. S. Suresh Kanna** - Prof of Medicine, Sree Balaji Medical & Hospital

**Dr. Swathy Moorthy** - Prof of Medicine, SRMC

**Dr. Edwin Fernando** - Prof. of Nephrology & HOD, Govt. Stanley Med. College & Hospital

**Dr. A. Marimuthu** – Prof. of General Medicine, Kilpauk Medical College

**Dr. A P. Nandha Kumar** – Consultant Physician, Srihari Medical Centre, Erode.

**Dr. Appandraj** - Prof & Head Internal Medicine, MAPIS

**Dr. K. Vengadkrishnan** - Prof of Medicine, SRMC & RI, Porur, Chennai

**Dr. V. Mahadevan** - Jayam Diabetes And Heart Speciality Clinic

**Dr. Joy M. Thomas** - Senior Consultant Cardiologist, Apollo Hospitals

**Dr. S. Yogesh** - Asst. Prof. of Medicine, Madras Medical College

**Dr. Jisa George** - Associate Prof. of Medicine, ESI Medical College Chennai

**Dr. P. Manokar** - Consultant Cardiologist, Kauvery Hospital, Chennai

**Dr. A. Mahilmaran** - Retd Prof. of Thoracic Medicine

## API Chennai Chapter EC Members

Chairman :

Dr. S. N. NARASINGAN

Co - Chairman :

Dr. S. S. LAKSHMANAN

Vice Chairman :

Dr. P. SOUNDARARAJAN

Hony. Gen. Secretary :

Dr. VIJAY VISWANATHAN

Hony. Joint Secretary & Treasurer :

Dr. S. CHANDRASEKAR

Joint Secretary :

Dr. P. PARANTHAMAN

Scientific Committee Chairman :

Dr. E. PRABHU

Co - Scientific Committee Chairman :

Dr. K. SHANMUGAM

Dr. V. CHIRANJEEVI

Dr. A. ARAVIND

Joint Treasurer :

Dr. N. D. RAMANUJAM

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Dr. D.B.D. SATHIAKUMAR

Dr. JAYASHREE GOPAL

Dr. K. VENGADAKRISHNAN

Dr. M. RANGASWAMI

Dr. K. RAJA

Dr. NAMITHA NARAYANAN

Dr. K. DHANANJAYAN

## Physicians Day Awardees



**Dr. A. Ramachandran**

Managing Director

Dr A. Ramachandran's Diabetes Hospital,  
Chennai



**Dr. P. Paranthaman**

Former Prof & HOD, Dept. of. Medicine,  
Kilpauk Medical College, Chennai



**Dr. R. Balajinathan**

Prof. of Therapeutics, Madurai Medical College,  
Madurai

Chennai