



ASSOCIATION OF PHYSICIANS OF INDIA

CHENNAI CHAPTER

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Dr. N.D. RAMANUJAM

Dr. A. ARAVIND

17.04.2024

AGENDA

Date : Sunday 28th April 2024

Venue : Hotel Savera

Time : 11.00 am to 1.35 pm

Scientific Program

Symposium on Cardiovascular-Kidney-Metabolic Health

Time	Topic of Discussion	Speaker
11.00 to 11.05 AM	Welcome Address	Dr. S.N.Narasingan Hony.Gen.Secretary
Session 1 11.05 to 12.05pm Each talk is for Six Minutes only except for Keynote address which is for ten minutes	Key note address DEFINITION OF CKM SYNDROME and STAGING RATIONALE: Stage 0: No CKM Risk Factors, Stage 1: Excess or Dysfunctional Adiposity, Stage 2: Metabolic Risk Factors and Kidney Disease: Stage 3: Subclinical CVD in CKM Syndrome and Stage 4: CVD in CKM Syndrome With and Without Kidney Failure. Risk- Enhancing Factors , SCREENING: Early Life Assessments Assessments for CKM Risk Factors Among Adults and SDOH Screening.	Dr.Justin Paul Moderator Dr.S.N.Narasingan Dr Edwin Fernando Dr.D.Prabakar Dr.K.Shanmugam Dr.S.Chandrasekar

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	Importance of Predicting Multiple Outcomes (ASCVD, HF and CKD).	Dr.K.Kannan
	Potential to Guide Therapeutic Choices in At-Risk Populations (Particular Focus on GLP- 1RAS and SGLT2 Inhibitors) and +Emphasis on the Relationship Between Kidney Health and Cardiovascular Health	Dr.Jayashree Gopal
	APPROACH TO CKM PREVENTION AND MANAGEMENT and Stages 1 – 3	Dr. S.S.Lakshmanan
Session 2.	Stage 0-1:	Dr.Edwin Fernando
12.05 to 01.05pm	Stage 2	
Management:	MetS, Hypertriglyceridemia, and Hypertension	Dr.S.N.Narasingan
Each talk is for Six Minutes only	Diabetes	Dr. Jayashree Gopal
	Stage 3	
	Subclinical ASCVD	Dr. K. Kannan
	Subclinical HF	Dr. S.S.Lakshmanan
	Risk Equivalents in Stage 3 CKM	Dr.K.Shanmugam
	Stage 4 CKM:	
	CVD in CKM With and Without Kidney Failure	Dr. S. Chandrasekar
	Obesity, MetS, Diabetes and CVD	Dr.D.Prabakar
20mins	Discussion with Q & A from Audience.	Moderator
	Concluding remarks	Dr. Justin Paul
01.25 to 01.30	Induction of new members of API Chennai Chapter	Dr. S.S.Lakshmanan
01.30 to 01.35pm	Vote of Thanks	Dr. K.Shanmugam


Dr. S.N. NARASINGAN

Hony.Gen.Secretary, API Chennai Chapter